

Crayon Castle Preschool

Parent Handbook

(revised 2022)

908 6th Avenue
Alton, IA 51003
756-4532





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PROGRAM INFORMATION

Welcome

This booklet has been prepared to welcome you and your child to CRAYON CASTLE PRESCHOOL. We are licensed by the department of Human Services. Our program is planned by teachers skilled in the field of early childhood development. We participate in the Q.R.S. rating system, and follow Iowa Quality Preschool Program Standards (IQPPS.) Crayon Castle is funded by the Iowa Statewide Universal Preschool Program.

Crayon Castle Preschool is designed to provide a secure and stimulating environment for your child when he/she is away from home. The activities are designed to satisfy the emotional, social, physical and intellectual needs of the children on their own individual level of development. Each day offers challenging active periods integrated with quiet, restful times. We offer the young child the opportunity to explore and learn by the discovery method in a variety of learning centers.

Preschool staff will ensure that all parents can access preschool policies and information and clearly understand the content. Translations, reading assistance, etc., will be provided as needed or requested.

Program Goals

1. It is the philosophy of Crayon Castle Preschool that early childhood should be a time of fun, warmth, security, exploring and discovering. Preschool children are creative and receptive; the staff strives to nurture and encourage these qualities in the children who attend.
2. Planned within the framework of philosophy and purpose, Crayon Castle Preschool uses Creative Curriculum.
3. Crayon Castle advertises in the public media in order to make openings known to all. Children are admitted regardless of race, creed, color, sex, national origin or religion.

Sessions

Four year old (class size limited to 20 children/2 staff)
Monday - Thursday 8:15 AM – 11:30 AM

General Information

At this time, there are no fees required for the Preschool Program.

According to state regulations, the following information and documentation are required by the first day of school:

1. Enrollment forms include, but are not limited to, the child and parent/guardian name, address, telephone number, medical emergency consent, medical/dental service providers, emergency contacts (if the parent/guardian cannot be reached), and a list of individuals authorized to pick up the child from preschool.
2. Birth Certificate verifying the child's age.
3. Physical Report (dated within 6 months of enrollment).
4. Immunization Certificate indicating the child is current on all required immunizations or submitted with a physician's waiver for immunizations not up-to-date.
5. Health Insurance Information card or other documentation of current health insurance information. (Please keep this information updated in our files, if parent/ family insurance arrangements change during the year.) Parents shall be responsible for keeping all health insurance information updated for school files.
6. Medication and Allergy plans if needed.
7. Access Policy/Consent Form (picture release & field trip)
8. Home Language/Ethnicity Survey

Emergency/Weather Announcements

Spalding Catholic/Crayon Castle late starts, early dismissals and cancellations will be announced, as soon as possible, on the following:

LeMars Daily Sentinel TextCaster (sign up for alerts from Spalding Catholic)

Admission Policy

Admission requirements and enrollment procedures are as follows:

- A child must be 4 years old on or before September 15 to be admitted into the 4 year old class.
- If the classes are filled when a parent calls, the child's name will be put on a waiting list to fill vacancies as they occur.
- Parents of enrolled children will receive a letter in the summer inviting them to the open house where registration is completed and home visits are scheduled.
- As vacancies occur during the year, they are filled from the waiting list, or from new registrations, according to the above procedures.

Confidentiality

Children's records are open only to the child's teacher, the Director, an authorized employee of the licensing agency, or the child's parents or legal guardian.

Absence Policy

Parents are asked to report student absences on the day of the absence by calling before the start of the school day. Calls will be made to parents/guardians if a call from the parent/guardian is not received.

Abuse Policy

As required by Iowa state law, we will report any instance of suspected child abuse. All staff are mandatory reporters.

Attendance Policy

Students more readily see the importance of school if parents do all they can to ensure consistent attendance. Your effort to schedule dental and medical appointments outside of school time will be much appreciated.

Access Policy

Crayon Castle Preschool does not provide transportation to and from class sessions. Our access policy will need to be completed and on file in the classroom and updated as needed. This form states who can pick up your child from school, emergency contact information for such persons and must be signed by the parent or guardian of the child.

Parents are responsible for transporting their children to school or arranging carpooling. No child is to be brought to preschool more than 10 minutes before class begins. Children should be picked up within 5 minutes of dismissal time. If there is a possibility you might be late, please notify a teacher so we can plan accordingly (calm anxious children, arrange for additional supervision staff, etc.). For safety's sake, children must be brought directly to the classroom. They must never be left at the Preschool without the teacher present in the room. Parents or persons listed on the access policy must return to the classroom to pick up their children after class is over. Proper conduct needs to be exercised in the hallways; parents must not let children enter the building before them.

Because of state regulations per class size and teacher/child ratio, it is not possible for children to bring friends to visit.

Dress

Daily activities include active and messy play, and the children should feel comfortable enough to enjoy themselves without worrying about their clothes. They should be easy for the child to manage, be washable and comfortable. Gym shoes may be more appropriate as students will be using the gym on certain days. Please mark your child's coats, mittens, and boots.

ALL CHILDREN ARE REQUIRED TO KEEP A CHANGE OF CLOTHES IN THEIR BACKPACK.

Personal Belongings

Each child should bring a backpack to carry art projects and messages back and forth from home to school. Please label backpacks by putting the child's name on with a permanent marker.

Child Assessment

Guiding Principles:

The Crayon Castle believes that assessment of young children should be purposeful, developmentally appropriate, and take place in a natural setting by familiar adults. All results shall be kept confidential, placed in each child's file, and stored in a secure filing cabinet.

Children are assessed in the following ways:

- The Creative Curriculum® GOLD Assessment, Birth Through Kindergarten, goals and objectives are fully aligned with Iowa Early Learning Standards. It records a student's progress in all developmental areas in the beginning, middle, and end of the year.
- Observation data provides an ongoing anecdotal record of each child's progress during daily activities.
- Child portfolios are organized by the teaching staff and include the assessments, observational data, and child work samples collected on an on-going basis. Families are asked to contribute information about their child's progress. Young children often show different skills in different settings. Working together, the teaching staff and families can gather a complete picture of a child's growth and development.

This information will be used in the following way:

- Provide information about children's needs, interests, and abilities;
- Plan developmentally appropriate experiences for them;
- Provide information to parents about their child's developmental milestones;
- Indicate possible areas that require additional assessments;
- Plan program improvements;
- Arrange for developmental screening and referral for diagnostic assessment when indicated.

ASSESSMENT PLAN: Crayon Castle

Classroom Crayon Castle Preschool District MOC/FV

ASSESSMENT	PURPOSE	WHEN	WHERE	WHO WILL ADMINISTER
Teacher Developed Parent Survey	Get to know a child's likes & preferences so to plan learning experiences & activities that are interesting to each child.	Home visit prior to first day of school.	In the family's home.	The teacher will give it to the child's family; family members will fill it out.
Alphabet and Math Inventory	To keep track of progress in students' letters and numbers identification. To identify areas for focus and improvement in lesson planning.	Three times per year. Once at beginning of school year, once at the end of first semester, and once more at the end of the year. Done prior to parent teacher conferences.	One on one setting in the Preschool learning environment.	The teacher and/or para educator.
Teaching Strategies GOLD	Identify strengths and areas children might need more experience in. It will assist the teacher in planning and developing learning activities.	On-going throughout the year observations & notes will be recorded on a daily basis. Three times each year entries will be recorded by summarizing a Checkpoint. Comparisons to widely held expectations will be made for each child to assist the teacher in planning for individual instruction. Comparison to the other children in the classroom will be used to assist the teacher in planning for small group instruction.	In the classroom setting. Families will also be encouraged to add notes of things they notice their child doing.	The teacher and/or para educator.

Snack Policy

Healthy snacks are provided daily. Children are encouraged to try the snack each session, but are never forced to eat. Please keep in mind children do not receive snacks right away in our schedule, so they really need to eat a good breakfast before coming to preschool. If you wish to send an edible treat for birthday or other special events the food item must be store bought and factory sealed.

Info on Food Allergies

For each child with special health care needs or food allergies or special nutrition needs, the child's health provider gives the program an individualized care plan that is prepared in consultation with family members and specialists involved in the child's care. The program protects children with food allergies from contact with the problem food. The program asks families of a child with food allergies to give consent for posting information about that child's food allergy and, if consent is given, then posts that information in the food preparation area and in the areas of the facility the child uses so it is a visual reminder to all those who interact with the child during the program day.

Field Trips

One aspect of the Preschool curriculum is exposing children to varied experiences within the community. Field trips for children will consist of walking field trips to the library post office, or nature walks within walking distance of the Preschool. We often bring field trips to us. For example, visits from nurses, firefighters, dentists, etc. Parents are notified of field trips in the monthly newsletter.

Pet Policy

All pets (dogs, cats, birds, etc.) must have written proof of current vaccinations by a veterinarian before admittance to the classroom. This information must be given to a member of the staff.

Toilet Training

It is understood that children of preschool age (and even older) can become so involved in their play that they forget to go to the toilet in time. It is recommended

that an extra set of clothes be sent to preschool with each child so the staff can assist them with changing should such toileting accidents occur. Parents are asked to clearly label the clothing with their child's name.

When accidents do happen:

Clothing that is soiled by urine or feces shall be immediately placed in plastic bags (without rinsing or avoidable handling) and sent home that day for laundering. The parent-provided, clean set of clothing shall be used to replace the soiled clothing, and a replacement set of extra clothing should be sent with your child to school the following school day.

Toilet training is an important time in a child's development. For children who are unable to use the toilet consistently, the following procedures are in place:

1. Diapering will only be done in the designated diaper area, which is the preschool bathroom. Food handling will not be permitted in the diapering/changing areas.
2. Staff will follow all diapering guidelines set forth in the Iowa Quality Preschool Programs Standards: Standard 5, Criteria 7:
 - Cloth diapers and clothing that are soiled by urine or feces are immediately placed in a plastic bag (without rinsing or avoidable handling) and sent home that day for laundering.
 - Staff checks children for signs that diapers or pull-ups are wet or contain feces at least every 2 hours. Diapers are changed when wet or soiled.
 - Staff change children's diapers or soiled underwear in the designated changing areas and not elsewhere in the facility.
 - Caregivers have a hand on the child at all times if being changed on an elevated surface.
 - Surfaces used for changing and on which changing materials are placed are not used for other purposes, including temporary placement of other objects, and especially not for any object involved with food or feeding.
 - Containers that hold soiled diapers and diapering materials have a lid that opens and closes tightly using a hands-free device (e.g., a step can). Containers are kept closed and are inaccessible to children. The container will be clearly labeled to show its intended use.
 - Diapering and gloving posters will be posted in the changing area showing procedures through the use of visuals and words. These procedures are used by the program to evaluate teaching staff that change diapers.
3. Potty chairs will not be used due to the risk of spreading infectious diarrhea.

4. All families are asked to provide an extra set of clothing for their child in case of an “accident” or messy play. Please clearly label the clothing with your child’s name to reduce the possibility of mistakes.
5. All families with students who need to have pull-ups/diapers at school need to provide pull-ups/diapers for their child, as well as wipes. When the supply of pull-ups/ diapers and wipes are getting low, the teacher will contact the families to ask that more pull-ups/diapers and wipes be brought to school for their child's use.

Volunteers

We welcome volunteers! If you are able to give of your time and/or talents please contact the teaching staff. You will be required to sign the volunteer form, have a background check and be fingerprinted. The staff will be able to give proper contact information and forms.

HEALTH AND SAFETY

Health Information

- Children may not attend when ill. Notify the preschool if your child is sick and will not attend. Children who become ill at preschool will be placed in supervised isolation until the parent comes for the child.
- Parents are required to come for the child who has a temperature of 99 degrees or above, has vomiting, diarrhea, rash, or other signs of illness which make it uncomfortable for the child to participate in regular activities. This policy is for the well-being of all concerned and assures all parents that their child will not be unduly exposed to illness or disease.
- In the event of an accident, we attempt to notify the parent or designated person for emergency medical or dental care by the parents. If they cannot be reached, suitable medical or dental care will be sought.
- Parents, please inform the staff if your child contracts a communicable condition such as chicken pox, lice, or impetigo. The staff will notify parents of any contagious conditions. The affected child should not return to preschool until the period of contagion has passed. Notice of communicable disease will be posted in the hallway.
- Crayon Castle Preschool offers vision and hearing screenings through AEA. Dental screening is through a local dentist. Developmental screening is assessed in our curriculum.

Health and Immunization Certificates

By the first day of preschool, health records that document the dates of service shall be submitted that show the child is up to date for routine screening tests and immunizations according to the schedule recommended and published by the Iowa Department of Health.

When a child is overdue for any routine health services, it will be required of the parents, legal guardians, or both to provide evidence of an appointment for those services before the child's entry into the program and as a condition of remaining enrolled in the program, except for immunization for which parents are using religious exemption.

Child Health and Safety Records will include:

1. Current information about any health insurance coverage required for treatment in an emergency.
2. Results of a health examination showing up-to-date immunizations and screening tests with an indication of normal or abnormal results and any follow-up required for abnormal results.
3. Current emergency contact information for each child that is kept up-to-date by a specified method during the year.
4. Names of individuals authorized by the family to have access to health information about the child.
5. Instructions for any of the child's special health needs such as allergies or chronic illness.
6. Supporting evidence for cases in which a child is under-immunized because of a medical condition or the family's beliefs. Staff shall implement a plan to exclude a child if a vaccine-preventable disease to which children are susceptible occurs in the preschool program.

Medication Policies and Procedures

Safeguards are used with all medications for children:

1. Staff administer both prescription and/or over-the-counter medications to a child only if the child's record documents that the parent or legal guardian has given the program written permission.
2. The child's record includes instructions from the licensed health provider who has prescribed or recommended the medication for that child; alternatively, the licensed health provider's office may give instructions by telephone to the program staff.

3. Any administrator or teaching staff who administers medication has (a) specific training and (b) a written performance evaluation, updated annually, by a health professional on the practice of the five right practices of medication administration.
4. Medications are labeled with the child's first and last names, the date that either the prescription was filled or the recommendation was obtained from the child's licensed health care provider, the expiration date of the medication or the period of use of the medication, the manufacturer's instructions or the original prescription label that details the name and strength of the medication, and instructions on how to administer and store it.
5. All medications shall be kept in a locked container. If there are any exceptions to this policy, communication will be made between the parents, teachers, and health assistant.

Cleaning and Sanitization

The preschool facility will be maintained in a clean and sanitary condition. When a spill occurs, the area will be made inaccessible to children and the area will be cleaned immediately.

Staff will be trained in cleaning techniques, proper use of protective barriers (such as gloves), proper handling and disposal of contaminated materials, and information required by the US Occupational Safety and Health Administration about the use of any chemical agents. Staff will follow all cleaning and sanitation guidelines set forth in the Iowa Quality Preschool Programs Standards: Standard 5, Criteria 23:

- Surfaces that may come in contact with potentially infectious body fluids must be disposable or made of a material that can be sanitized;
- Staff use barriers and techniques that minimize contact of mucus membranes or of openings in skin with potentially infectious body fluids and that reduce the spread of infectious diseases;
- When spills of body fluids occur, staff cleans them up immediately with detergent followed by water rinsing;
- After cleaning, staff sanitizes nonporous surfaces by using the procedure for sanitizing designated changing surfaces described in the Cleaning and Sanitation Frequency Table;
- Staff clean rugs and carpeting by blotting, spot cleaning with a detergent disinfectant, and shampooing or steam cleaning;
- Staff disposes of contaminated materials and diapers in a plastic bag with a secure tie that is placed in a closed container.

A toy that a child has placed in his or her mouth or that is otherwise contaminated by body secretion or excretion shall be (a) washed by hand, using water and detergent; then rinsed, sanitized and air dried or (b) washed and dried in a mechanical dishwasher before it can be used by another child.

PARENT INFORMATION

Parent Communication

While preschool children are alike in many ways, no other child is exactly like your child. And no one knows your child better than you do. You know how your child learns and reacts to new situations, so you can help your child's teachers. If you share with us what is happening to your child at home -- the arrival of a new baby, the death of a pet, nightmares, temper tantrums, trips, separation, or divorce -- we can understand your child better. We can support positive and difficult events through reassuring stories, soothing art activities, imaginative dramatic play, and extra love and attention.

If your child has a physician diagnosed health problem such as an allergy, diabetes, or asthma, please let us know we can implement an action plan with your physician's help to keep your child safe. We also want to know if your child has a physician diagnosed disability or any other type of special need that may require an action plan. While a child may have a disability in one or more areas of development, in other areas a child may be developing at a completely normal rate. We will do everything we can to help your child participate as fully as possible in all aspects of our program.

Many parents ask us what they can do to help their children succeed in school. The best thing you can do is to take time to play with your child, read books together, and talk as you go about your everyday routine. Sometimes after a long day at work, this may seem difficult, but this kind of attention has a powerful effect and makes your job as a parent fun and interesting. You are your child's first and most important teacher. The way you talk with your child makes a big difference in how your child thinks and feels and the kind of person your child will become. If we can work together and do some of the same things at school and at home, your child will benefit in many ways. Parents will be informed of the activities of the preschool through newsletters, meetings, schools website, e-mail and phone calls.

Home Visits

Teachers make home visits in order to better meet the needs of the child and family. This is a great time for parents/guardians to share what makes their family unique, how they prefer to communicate with the teacher, and share their knowledge about their child's interests, approaches to learning, and

developmental needs. Parents/guardians can help the teacher understand what their goals are for their child and whether they have any concerns they would like addressed. Parents are encouraged to share these preferences, concerns, and inquiries at any time with either the classroom teacher or administrator. Home visits will be made prior to the first day of classes.

Open House

Open house will be conducted by teachers and staff of the program roughly two weeks before the scheduled start date. Staff will introduce themselves and be available to answer parent questions. A tour of the facility will be given. The handbook will be distributed and discussed. All policies will be reviewed. Physical examination forms, emergency contact information, medical and dental information, media release, and other forms will be explained and filled out if applicable. Please be sure to read through the handbook and sign & return the form on the last page.

Parent Meeting

Group Parent Meeting – the annual group parent meeting serves as an opportunity for the program to share information with parents as well as providing time for parents to share their input about the program. It could also serve as a time for the center to invite a speaker to share information with the parents on a host of topics (child development, school readiness, parenting, etc.)

Parent-Teacher Conferences

Parent-Teacher Conferences will be scheduled in the fall and spring of the school year. The assessment information will be shared formally with families at this time. Biweekly newsletters regarding children's activities and developmental milestones will be sent home throughout the year. Informal conferences are always welcome and can be requested at any time by contacting the teacher. When program staff suspects that a child has a developmental delay or other special needs, this possibility is communicated to families during a conference by sharing documentation of the concern. Suggestions for follow-up steps may include a request to Northwest Area Education Agency for support and additional ideas or more formalized testing with parent consent. The preschool teacher will assist in arranging for developmental screening and referral for diagnostic assessment.

Parent Feedback

Feedback is always welcomed and encouraged so that we can better the Preschool Program. Every school year, around the beginning of February, Crayon Castle sends a survey home to Parents/Guardians of students for completion. These surveys are used for the program to identify strengths and weaknesses based on your input and help us improve program practices where applicable. While the formal survey is sent annually, Parents/Guardians are welcome to turn in a completed survey at any time in the school year. The information will always be carefully considered and used to improve the quality of the center.

Parent Evaluation

Child's Name: _____ (Optional)

Date: _____

Parent(s) Name:

_____ (Optional)

Classroom: _____ Years at

Center/Preschool: _____

Instructions

Your feedback as a parent is very important to the center/preschool director, classroom and Board of Directors. We seek to use your ratings and comments to continually improve the quality of the center/preschool's operations. Please circle the appropriate rating in response to items 1-19 below. Please provide additional comments to the questions that follow those items.

Important Note: If you have more than one child at the facility, please complete an evaluation for each child.

Evaluation

The center/preschool staff is a vital part of the service we provide to our families. Please rate the staff in the following areas, as these areas pertain to you and your child.

- 1=Exceeds Expectations 2=Meets Expectations 3=Needs Improvement N/A-Not Applicable
- | | | | | |
|---|---|---|---|-----|
| 1. Professionalism of staff | 1 | 2 | 3 | N/A |
| 2. Level of communication between staff and parents | 1 | 2 | 3 | N/A |
| 3. Information provided to you through daily notes, newsletters, etc. | 1 | 2 | 3 | N/A |
| 4. Degree to which your child's individual needs are being met | 1 | 2 | 3 | N/A |
| 5. Level of sensitivity and affection shown to your child | 1 | 2 | 3 | N/A |

The center/preschool director has many responsibilities. Please rate the center/preschool director's performance in the following areas, as these areas pertain to you and your child.

- | | | | | |
|---|---|---|---|-----|
| 6. Performing in a professional manner | 1 | 2 | 3 | N/A |
| 7. Working with parents to resolve concerns | 1 | 2 | 3 | N/A |
| 8. Providing special events or activities for your child | 1 | 2 | 3 | N/A |
| 9. Advising parents regarding current center/preschool issues/policies
(ex. Center closings) | 1 | 2 | 3 | N/A |
| 10. Showing concern for the overall well being of your child | 1 | 2 | 3 | N/A |

Parent Evaluation

Your child's attendance at the center/preschool is important. Aside from your child's normal feelings about separation from his/her parents, please rate how your child feels about attending the center/preschool.

- | | | | | |
|---|---|---|---|-----|
| 11. Your child's feelings about attending the center/preschool | 1 | 2 | 3 | N/A |
| 12. Your child's reaction to daily classroom activities | 1 | 2 | 3 | N/A |
| 13. Your child's feelings about his/her teacher | 1 | 2 | 3 | N/A |
| 14. Your child's developmental progress at the center/preschool | 1 | 2 | 3 | N/A |

The overall appearance of the center/preschool is important. Please rate the condition of the center/preschool.

- 15. Cleanliness of the center/preschool (classrooms, bathrooms, hallways, etc.) 1 2 3 N/A
- 16. Availability of appropriate play and learning materials 1 2 3 N/A
- 17. Overall condition of the center/preschool 1 2 3 N/A

Your input is very important to the center/preschool director, Board of Directors, and the center/preschool staff. Please take a minute to note your thoughts regarding:

What I like best about the center/preschool is...

If I could change one thing about the center/preschool, it would be...

Please feel free to add any additional comments regarding your family's experience at our center/preschool.

Thank you for your time and partnership in providing quality care for your child. Please return the completed survey to the center/preschool director or place in the front office.

AREA RESOURCES

ABUSE

- After-hours Crisis Hotline.....(1-800) 546-0730 Dept of Human Services Abuse Hotline(1-800) 362-2178
- Family Crisis Centers of NW Iowa.....722-4404
- 24 hour crisis line (1-800)-382-5603
- www.familycrisiscenters.org/site/counseling.html
- Family Solutions Services, Inc 707-9222 www.family-solutions-services.com
- Iowa Sexual Abuse Hotline(1-800) 284-7821
- Elderbridge Agency on Aging(1-800) 243-0678
- www.elderbridge.org, kanderson@elderbridge.org

Seasons Center for Behavioral Health.....(1-800) 242-5101
www.seasonscenter.org, info@seasonscenter.org

SUBSTANCE ABUSE

Compass Pointe439-1170 www.compass-
pointe.org
Naaman Recovery Ministries.....722-2227
National Alcohol Hotline(1-800) 252-6465

CHILDCARE

Department of Human Services Office.....737-2943 or (1-800)-337-2943
Iowa Child Care Resource & Referral www.iowaccrr.org..... (1-877) 216-8481

DISABILITIES

Child Health Specialty Clinics
 Spencer Regional Center.....(712) 264-6362
 Sioux City Regional Center.....(712) 224-5437
 Central Office-Iowa..... (1-866) 219-9119
 www.chsciowa.org
Hope Haven....www.hopehaven.org 476-2737
Iowa Department for the Blind..... (1-800) 362-2587
Iowa COMPASS..... (1-800) 779-2001
Sioux County Community Services..... 737-2999
www.siouxcounty.org/departments/ community_services.php, mh-
dd@siouxcounty.org
Village Northwest Unlimited..... .324-4873
www.villagenorthwest.org, info@villagenorthwest.org
Vocational Rehabilitation Services.....324-4864

EARLY CHILDHOOD/PREGNANCY

Bethany Christian Services...www.bethany.org/orangecity.. 737-4831

BREASTFEEDING SUPPORT

Community Health Partners.....(1-800) 435-3454
Orange City Area Health System.....737-4984
Sioux Center Health.....722-1271
Mid-Sioux Opportunity(1-800) 859-2025
www.midsioux.org, info@midsioux.org
Maternal Child Health Program Title V Agency

PARENT EDUCATION

Healthy Families Sioux County (1-800) 435-3454
www.siouxcountychnp.org/Healthy-Families-Program, chp@siouxcountychnp.org
Hope Haven Nurturing Program.....476-2737

Just In Time Parenting Sioux County ISU Extension.....737-4230
 Orange City Area Health System.....737-2000
www.ocHealthSystem.org/educational-programs/childbirth-classes
 Strengthening Families Sioux County ISU Extension.....737-4230
 Northwest AEA.....722-4378
www.nwaea.k12.ia.us/
 WIC (Women, Infants, and Children)..... (1-800) 859-2025 (See Mid-Sioux
 Opportunity)

FOOD ASSISTANCE

CONGREGATE MEALS(Cong)/HOME DELIVERED MEALS(HDM)

Dinner Date (for seniors).....722-4846
 Elderbridge Agency on Aging.....(1-800) 242-5033
 GA Foods (Shelf-Ready/Frozen)1-866-516-7796
 Hawarden (Cong/HDM)551-1358
 Hospers (Cong)..... 752-8741
 Ireton (Cong)278-2054
 Meals On Wheels (HDM) Sioux Center.....722-2237
 Hull.....439-2464 Orange
 City.....(1-800) 808-6264
 Mom’s Meals (HDM).....(1-866) 204-6111
 New Life Reformed Community Unity Meal.....722-3520
 Rock Valley (Cong/HDM).....476-5148
 Sioux Center (Cong)722-2237

FOOD PANTRIES

American Lutheran Church (Hawarden).....551-2979 or 278-2256
 American Reformed Church (Orange City).....737-4430
 Amistad Cristiana Meat Ministry.....722-3520
 ATLAS (Sioux Center).....722-4900 (Lyon
 County).....472-9016
 Christ Community Church Meat Ministry.....722-4747
 Christ the King Cath. Church Meat Ministry.....579-9416
 First Reformed Church (Rock Rapids).....472-3729
 Hope Food Pantry (HOME Building).....722-3257 www.sc-home.org, siouxcenter.home@gmail.com
 Hull Community Building.....470-5619
 Hull Sack Pack Program.....441-1465
hullsackpack@gmail.com
 Inwood City Offices.....753-4833 Love,
 Inc.....476-5990
or (1-800) 621-2335 Mid-
 Sioux Opportunity

(Sioux County).....722-3611 www.midsioux.org,
info@midsioux.org
(Lyon County).....472-3746
New Hope E. Free Church Meat Ministry.....737-4620
New Life Reformed Church Meat Ministry.....722-3520
New Life Reformed Community Unity Meal.....722-3520
O'Brien County SOS.....957-0105
Pass Along Clothing (Hawarden).....578-8649
Pioneer Methodist Church.....476-5634
Sack Pack Program.....722-3725
sackpack@mtcnet.net
Sioux City Gospel Mission.....255-1119
<http://www.siouxcitygospelmission.org/>
The Bridge.....707-9944 United
Church of Christ (Larchwood).....477-2568
Upper Des Moines Opportunity Inc.
 O'Brien County.....757-1023
 Osceola County.....754-2573
WIC.....(1-800) 859-2025
www.midsioux.org, info@midsioux.org
Zestos, Inc.....737-4263
www.zestosinc.com, info@zestosinc.com
Zion-St. John's Lutheran School (Paullina).....949-3915

HOUSING

American Red Cross..... 252-4081
The Bridge..... 707-9922
www.thebridgehousing.org
Family Crisis Center..... 722-4404
www.familycrisiscenters.org IowaHousingSearch.org

MENTAL HEALTH/COUNSELING

ATLAS.....atlasgroup ltd.org
 Orange City 737-4090
www.atlasorangecityarea.com ocatlas@orangecitycomm.net
 Sioux Center.....722-4900
www.atlasofsiouxcenter.org, atlas@mtcnet.net
Bethany Christian Services 737-4831
www.bethany.org/orangecity
Bethesda Christian Counseling..... 737-2635
www.bethesdachristiancounseling.org bcc@orangecitycomm.net Compass
Pointe 439-1170 [www.compass-
pointe.org](http://www.compass-

pointe.org)

Creative Living Center..... 476-5245
 www.creativelivingcenterpc.com
 Family Crisis Center..... 722-4404
 www.familycrisiscenters.org/site/counseling.html
 Family Solutions Services, Inc 707-9222 www.family-
 solutions-services.com
 Hope Haven, Inc. 476-2737
www.hopehaven.org
 NAMI—Iowa Concern 722-4462
 www.namiiowa.com
 National Alliance on Mental Illness.....(1-800) 417-0417
 Plains Area Mental Health..... 546-4624
 After-hours Crisis Hotline.....(1-800) 546-0730
 Seasons Center for Behavioral Health.....(1-800) 242-5101
 www.seasonscenter.org, info@seasonscenter.org
 Sioux County Community Services..... 737-2999
 www.siouxcounty.org/departments/community_services.php, mh-
 dd@siouxcounty.org
 Suicide Crisis Line..... 252-5000 After-hours
 Crisis Hotline.....(1-800) 546-0730



Please sign and return to school. Thank you.

I, _____ acknowledge that I have received and read the
 (please print name clearly)

Crayon Castle handbook, and that I am familiar with the policies and procedures
 outlined in the handbook.

 (parent signature)

 (date)

